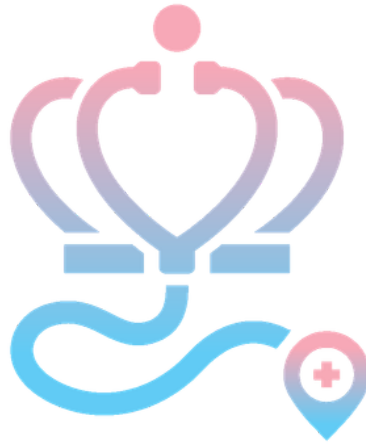




Charlotte Trans Health



Annual Impact Report

2025



Table of Contents

2025 Leadership	3
Mission, Vision, & Values	4
Year in Review	6
Financial Report	9
Providing Access to Trans Healthcare (PATH) Program	10
Community Engagement & Outreach	14
Education & Training	15
T.H.E. Field Day	16
Looking Ahead	18

MEET OUR 2025 EXECUTIVE BOARD



Hayden Nielsen
(He/Him)
President



Tatim Lace
(He/They)
Vice President



Marguerita Blaker
(She/Her)
Past President



Ashley Roehrig
(She/Her)
Treasurer



Kim Nealy
(She/Her)
Secretary

A Note From the Executive Director

In 2025, transgender and gender diverse people continued to face unprecedented challenges to rights, safety, and access to affirming care. Through it all, our community continued to show its strength, resilience, and commitment to caring for one another.

We are deeply grateful to everyone who makes the work of Charlotte Trans Health possible. Together, we continue building a community where transgender and gender-diverse people can access affirming care, find connection, and live fully and authentically.



Holly Savoy
(She/Her)
**Executive
Director**

We are Charlotte Trans Health

We envision a society in which people of all gender identities and gender expressions have access to competent, affirming, evidence-based healthcare services, with equity and dignity.

We advance health equity for transgender and gender diverse individuals through education, advocacy, and accessible, affirming care.



OUR VALUES

1

Accountability

We take responsibility for our impact by owning our mistakes, committing to continuous growth, and staying aligned with our professional ethics and community needs.

2

Collaboration

We believe in the power of working together, across disciplines, experiences, and communities to expand access, improve care, and build equity.

3

Compassion

We meet each person with empathy, respect, and humility centering intersectionality in every interaction and decision.

4

Accessibility & Equity

We are committed to breaking down barriers and creating affirming, evidence-based care that is available to all, especially those who are routinely underserved or neglected by traditional healthcare models.

5

Education & Learning

We value lifelong learning as a powerful tool to advance affirming care, deepen cultural humility, and expand our collective capacity to provide inclusive, competent services building a community rooted in shared knowledge and collective care.

2025 YEAR IN REVIEW: HIGHLIGHTS



The Providing Access to Trans Healthcare (PATH) program served 171 new uninsured and underinsured TGD people in the Charlotte Metro Area.



Our staff grew to 5 full time employees.



We held 24 educational events, in addition to member professional development, reaching over 340 unique individuals.



Our membership consisted of 100 provider members during the 2025 - 2026 Membership cycle.



QNotes recognized our Executive Director's leadership as the 2025 Person of the Year.

2025: The Power of Collective Care

Meeting unprecedented challenges with greater access, deeper investment, and a community committed to showing up for one another.

In 2025, transgender and gender-diverse people faced another difficult year of attacks on rights, safety, and access to affirming care. From the first weeks of the year, new federal actions targeting transgender people and their healthcare added even more uncertainty and fear to the challenges our community was navigating.

Through it all, our community continued to show its strength, resilience, and commitment to caring for one another.

Charlotte Trans Health remained focused on what we have always done: showing up for our community. Throughout 2025, we expanded access to affirming care, served more people through our PATH Program, strengthened our network of affirming providers, and deepened partnerships throughout Charlotte, and across the state.

Look How Far We've Come FROM 13 PROVIDERS TO A COMMUNITY OF CARE

2012
**13 founding
providers**



2025
**100 affirming
providers**

What began in 2012 as a small group of 13 providers working to improve transgender healthcare in Charlotte has grown into a multidisciplinary network serving and supporting transgender and gender-diverse people across the Charlotte region.

Our Response: Expanding Access to Care

At a time when transgender communities were being pushed to the margins, our community came together. Providers, partners, funders, volunteers, and community members helped ensure that affirming care and support remained available to those who needed it most.

That collective commitment was especially visible through PATH. As demand for care continued to grow, we not only served more people—we significantly expanded the depth of support available to them.

2024 → 2025

**DIRECT THERAPY
HOURS**

1,620→3,845
137% increase

**NEW PATH
CLIENTS**

139→170+
~20% increase

**INVESTMENT IN
DIRECT SERVICES**

\$250K → \$550K
120% increase

Behind every number is a person.

These numbers represent thousands of hours when someone had a therapist to talk to, a case manager helping navigate complicated systems, access to needed medical care or prescriptions, and a community working to make sure they did not have to navigate those challenges alone.

2025 tested our resilience and revealed the power of collective care.

We are deeply grateful to the providers, partners, funders, volunteers, community members, and supporters who make this work possible. Together, we continue building a healthier, more equitable future for transgender and gender-diverse people throughout our region.

The Road to Financial Stability

As a part of our strategic plan, Charlotte Trans Health remains committed to working toward our goals to:

- Diversify our revenue sources
- Build strong partner and donor relationships
- Continuously evaluate and refine financial sustainability strategies



FINANCIAL REPORT

Total Revenue = \$978,497

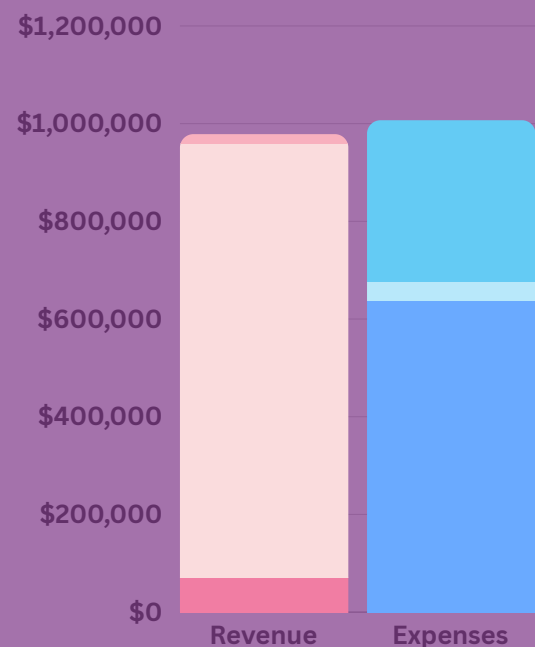
- \$107,951 of unrestricted funds
- \$870,546 of restricted funding

Total Expenses = \$1,006,961

Gold
Transparency
2025

Candid.

2025 Revenue & Expenses



Revenue & Expenses Legend

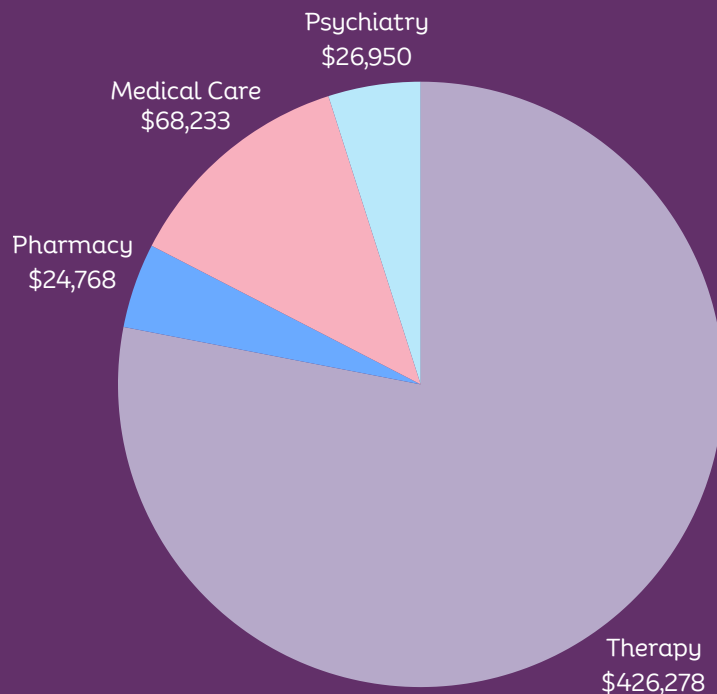
- Administrative Costs
- Educational Programs
- PATH Program
- Donations & Fundraising
- Grants & Foundations
- Fees & Services



Providing Access to Trans Healthcare

In its third full year of implementation, the PATH Program saw significant growth and impact. In 2025, we provided free case management, mental health services, medical care, and limited prescription coverage assistance to over 350 uninsured and underinsured trans and gender-diverse individuals in the Charlotte metro area. We enrolled 171 new clients in 2025.

With grant funds and the continued support of our community partners, the PATH Program is becoming a critical access point for gender-affirming care in our area.



NCDHHS



THE **PLUS** COLLECTIVE





WHAT PARTICIPANTS HAVE TO SAY

"I've really appreciated it and I'm really grateful that this exists for our community, and I don't even just mean trans people. Everyone benefits from this."

"It's helped a lot, like a whole lot. Like probably saved my life."

"Very positive. It's probably been one of the best experiences of my life in the past 5 years. It's just helped a lot. I was shocked that something like this existed in Charlotte."

"It has really helped me in accessing mental health care that I haven't had before. It has really taken [away] a lot of stress and anxiety around that process. It's been monumental in improving my life."

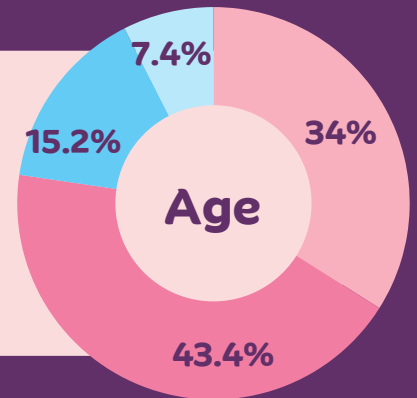
"So good! Such an impressive program... Really good access to preventative care."

Facts About the PATH Program

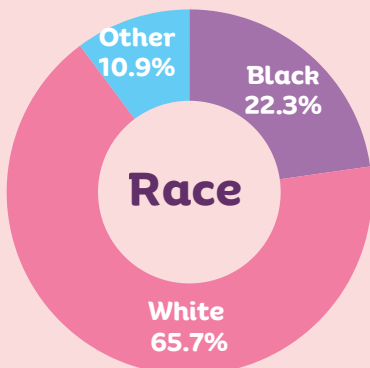
In 2025, 171 participants enrolled, bringing the total to 366 since the program launched in June 2023.

PATH Participants by Age

- ★ Ages 17 - 26
- ★ Ages 27 - 35
- ★ Ages 36 - 45
- ★ Ages 46 - 61



PATH Participants Race & Ethnicity



**8.4 identified as Latine/Hispanic*
**1.1% declined to answer*

81.3%

of participants are Mecklenburg County residents.

18.7%*

of participants are from neighboring counties in the Charlotte Metro area.

**Doubled from 2024*



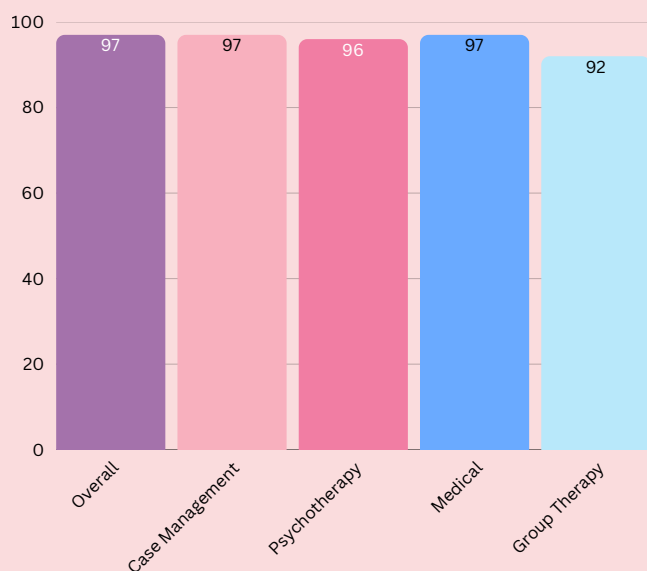
18% of participants experienced a housing crisis in the 3 months prior to enrollment.

PATH Program Outcomes

PATH participants continue to report positive experiences and meaningful improvements in their health and well-being. These outcomes reflect the power of a collaborative network of affirming providers, case managers, and community partners working together to make care more accessible.

The results reinforce what is at the heart of PATH: when transgender and gender-diverse people can access affirming, person-centered care without financial barriers, they have greater opportunities to thrive. With the continued support of our funders, donors, and provider network, we remain committed to sustaining these life-affirming services for our community.

Program Satisfaction



- ★ Overall
- ★ Case Management
- ★ Psychotherapy
- ★ Medical Services
- ★ Group Therapy

3,845

Hours of individual and group psychotherapy

211

Participants received individual and/or group therapy

130

Participants received primary medical care

75%

of participants showed improvement in mental health after 6 months.

COMMUNITY ENGAGEMENT

**Nearly 1,000 people per month
are visiting our Gender-Affirming
Provider Directory!**

In 2025, Charlotte Trans Health continued to show up for the transgender and gender-diverse community through collective care, education, and advocacy. Through local Pride celebrations and community events, we connected with thousands of LGBTQ+ individuals, sharing resources and raising awareness about access to competent, affirming care.

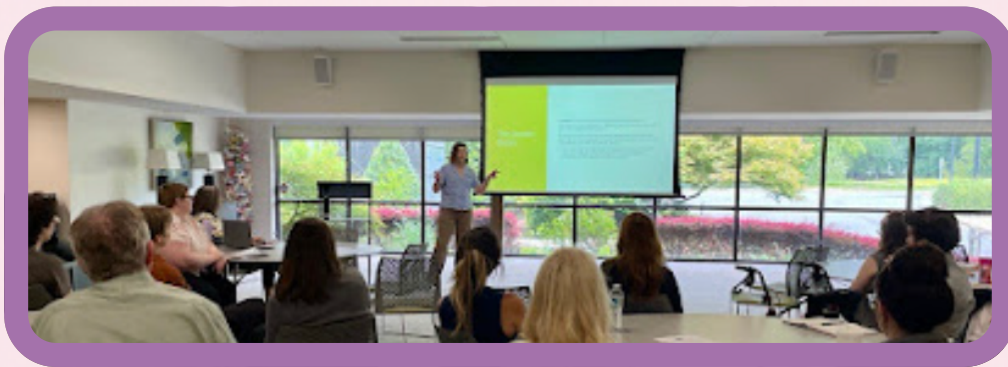
As attacks on transgender rights and healthcare intensified, advocacy became an increasingly important part of our work. Throughout the year, CTH authored and co-signed numerous statements calling for the protection of access to affirming, evidence-based care and joined community and professional partners in responding collectively to policies affecting transgender and gender-diverse people.

We also used our social media platforms to share timely health information, counter misinformation, and connect our community with trusted resources. Together, these efforts help ensure that our community is informed, connected, and supported.



EDUCATION & TRAINING

At a time when many organizations were scaling back investments in DEI and LGBTQ+ education, CTH continued to strengthen our commitment to educating and supporting affirming providers. This year, we...



Held 15 clinical-cultural presentations and **9** community health events.

Educated 350 healthcare providers, administrators, and community members.

88% reported that they intend to change their practice to create a welcoming environment for TGD individuals.

93% reported that the presentation improved their clinical skills to provide affirming care.

T.H.E. FIELD DAY

T.H.E. Field Day brought transgender and gender-diverse community members together for a day centered on joy, movement, connection, and belonging. Through activities ranging from games and movement to wellness and opportunities simply to connect, the event created an affirming space to have fun, build community, and support whole-person well-being. T.H.E. Field Day reflects our belief that health is about more than access to healthcare—it is also about creating spaces where people can connect, feel supported, and experience joy together.



Click the image to see a recap of T.H.E. Field Day

T.H.E. FIELD DAY



LOOKING AHEAD

As we move through 2026, Charlotte Trans Health continues to build on the impact of the past year while navigating an increasingly challenging landscape for transgender and gender-diverse people. We remain focused on sustaining access to affirming care through PATH, strengthening our provider network, expanding education and community resources, and advocating for our community.

Next up is T.H.E. Night on October 3, 2026, our signature celebration and fundraiser. This year's theme, Category Is... Collective Care, honors the providers, partners, supporters, and community members who make our work possible while raising critical funds to sustain it.

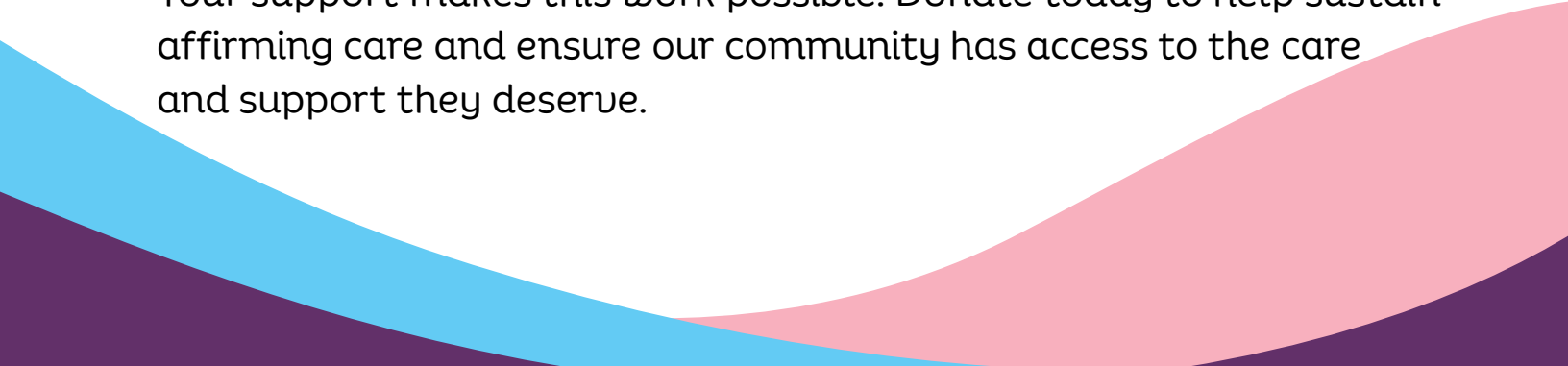
As we look toward 2027 and beyond, we remain committed to adapting, growing, and showing up for our community together.



Collective Care in Action

Gender-affirming care changes and saves lives, but sustaining access to it requires resources, resilience, and collective action. Your support helps us provide free and low-cost care, equip providers with the knowledge to deliver affirming care, and advocate for trans health equity when it matters most.

Your support makes this work possible. Donate today to help sustain affirming care and ensure our community has access to the care and support they deserve.



THANK YOU FOR YOUR SUPPORT

We would like to give a special thank you to all of our members, committee chairs, grantors, community partners, volunteers, and donors.

Without your help, we wouldn't be able to accomplish this great work!



STAY CONNECTED WITH US

If you'd like to donate to Charlotte Trans Health to support our work, you can do so [here](#).

If you'd like to learn more about CTH, PATH, Education, Membership, or finding an affirming provider, you can visit our [website](#) or email info@charlottetranshealth.org.

If you'd like to join our community mailing list and be notified of upcoming programming and events please click [here](#).