



**Charlotte
Trans Health**

**Annual Impact
Report
2024**



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MEET OUR 2024 EXECUTIVE BOARD



Marguerita Blaker
(She/Her)
Current President



Hayden Nielsen
(He/Him)
Vice President



Annanda Hypes
(She/Her)
Past President



Aliya Saulson
(She/Her)
Treasurer



Karen Muehl
(She/Her)
Secretary

A Note From the Executive Director

In 2024, trans and gender-diverse individuals across the country continued to face unprecedented attacks on their rights - particularly in access to affirming health care. In this challenging landscape, the work of Charlotte Trans Health has never been more vital. We remain steadfast in our commitment to ensuring that people of all genders and lived experiences can access competent, respectful, and affirming care. Our efforts this year reflect a deep dedication to health equity, community resilience, and the right to live fully and authentically.



Holly Savoy
(She/Her)
Executive
Director

We are Charlotte Trans Health

We envision a society in which people of all gender identities and gender expressions have access to competent, affirming, evidence-based healthcare services, with equity and dignity.

We advance health equity for transgender and gender diverse individuals through education, advocacy, and accessible, affirming care to reduce healthcare disparities.



OUR VALUES

1 **Accountability**
We take responsibility for our impact by owning our mistakes, committing to continuous growth, and staying aligned with our professional ethics and community needs.

2 **Collaboration**
We believe in the power of working together, across disciplines, experiences, and communities to expand access, improve care, and build equity.

3 **Compassion**
We meet each person with empathy, respect, and humility centering intersectionality in every interaction and decision.

4 **Accessibility & Equity**
We are committed to breaking down barriers and creating affirming, evidence-based care that is available to all, especially those who are routinely underserved or neglected by traditional healthcare models.

5 **Education & Learning**
We value lifelong learning as a powerful tool to advance affirming care, deepen cultural humility, and expand our collective capacity to provide inclusive, competent services building a community rooted in shared knowledge and collective care.

In 2024, our Governance Committee worked diligently to refine and update our Mission Statement and draft a new Vision Statement and Organizational Values.

2024 YEAR IN REVIEW



The Providing Access to Trans Healthcare (PATH) program served 139 uninsured and underinsured TGD people in the Charlotte Metro Area.



Our staff grew to 3 full time employees, including 2 full time Case Managers to serve clients in the PATH program.



We held 14 different educational events, in addition to member professional development, reaching over 480 unique individuals.



Our membership consisted of 88 provider members during the 2024 - 2025 Membership cycle.



CTH was awarded the GLMA Local Community Leader Achievement Award and the WFAE EQUALibrium Award, which recognized our Executive Director's outstanding work to advance health equity.



T.H.E. Night Hits the Runway raised \$82,000 to support our work!

Advancing Health Equity and Expanding Access in 2024

In 2024, Charlotte Trans Health deepened its impact across the Charlotte region, standing firm in our mission to advance health equity for transgender and gender-diverse individuals. Amid a hostile national climate targeting trans rights- particularly in healthcare- we expanded our services, strengthened community partnerships, and secured critical funding to meet growing needs.

We celebrated major milestones, including a large multi-year grant from the NC Department of Health and Human Services to expand mental health services for uninsured and underinsured clients to the broader Charlotte Metro area in 2025. We also grew our case management team and broadened the reach of our PATH Program, connecting more people than ever to life-saving gender-affirming care.

Our work gained recognition from both local and national organizations: CTH was recognized as a leader in LGBTQ+ health through two awards. The GLMA Local Community Leader Achievement Award honored CTH as a leader making an impact in NC. The WFAE EQUALibrium Award recognized our Executive Director, Dr. Holly Savoy, for contributions to advancing equity and economic mobility in the community through her work at CTH.

From education and advocacy to direct care and capacity-building, 2024 was a year of both resilience and momentum. As we look ahead, we remain committed to showing up for our community with integrity, compassion, and purpose.



The Road to Financial Stability

As a part of our strategic plan, Charlotte Trans Health remains committed to working toward our goals to:

- Diversify our revenue sources
- Build strong partner and donor relationships
- Continuously evaluate and refine financial sustainability strategies



FINANCIAL REPORT

Total Revenue = \$765,480

- \$120,546 of unrestricted funds
- \$644,934 of restricted funding

Total Expenses = \$603,012

Our commitment to openness and accountability in sharing our mission, financials, and impact with the public has earned us Gold.

Gold
Transparency
2024

Candid.

2024 Revenue & Expenses



Revenue & Expenses Legend

- Administrative Costs
- Educational Programs
- PATH Program
- Donations & Fundraising
- Grants & Foundations
- Fees & Services

PATH

Providing Access to Trans Healthcare

In its first full year of implementation, the PATH Program saw significant growth and impact. In 2024, we provided free case management, mental health services, medical care, and limited prescription coverage assistance to 139 uninsured and underinsured trans and gender-diverse individuals in the Charlotte metro area.

To meet the growing demand, we expanded our PATH team to include two full-time Case Managers, allowing us to provide more comprehensive and timely support. With strong backing from Mecklenburg County through American Rescue Plan Act (ARPA) funds and the continued support of our community partners, the PATH Program is becoming a critical access point for gender-affirming care in our region.

“It has really positively impacted my life to be able to access my therapist without worry. PATH has given me a lot of relief.”

- PATH participant



WHAT PATH PARTICIPANTS HAVE TO SAY

“PATH lessens the barriers between you and the care you need. PATH has many resources and people who can point you in the right direction as well as financial support.”

“PATH is an extremely supportive resource and everyone I’ve encountered is so caring and helpful.”

“[PATH] has helped me realize my own personal worth.”

“[PATH is] the only way I’ve been able to maintain mental health care. The referrals to nutrition and financial support have kept my family fed and the lights on.”

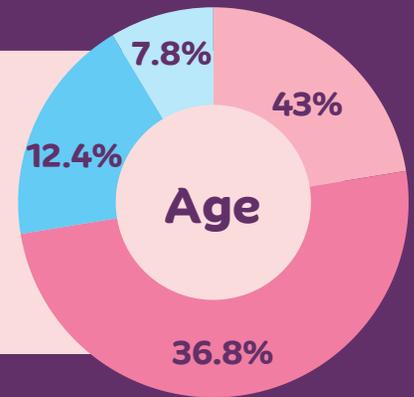
PATH 

Facts About the PATH Program

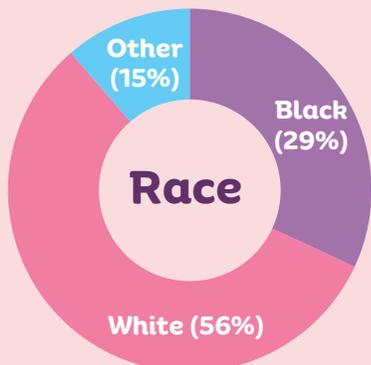
In 2024, we enrolled 139 participants (200 total since the program launched in June 2023), and our enrollment numbers have continued to grow throughout 2025.

PATH Participants by Age

- ★ Ages 17 - 26
- ★ Ages 36 - 45
- ★ Ages 27 - 35
- ★ Ages 46 - 61



PATH Participants Race & Ethnicity



**9.6% of participants identify as Hispanic
2% declined to answer

90.4%

of participants are Mecklenburg County residents, funded through the American Rescue Plan Act.

9.6%

of participants are from neighboring counties supported through donor contributions.



18.7% of participants experienced a housing crisis in the 3 months prior to enrollment.

Grants & Foundations Supporting PATH

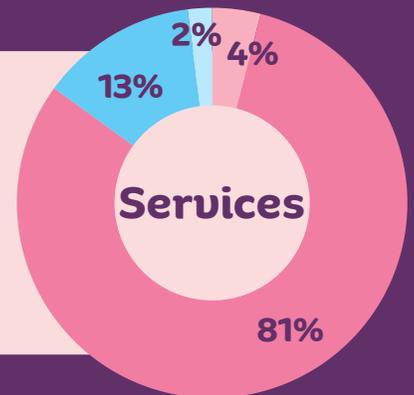


PATH Program Outcomes

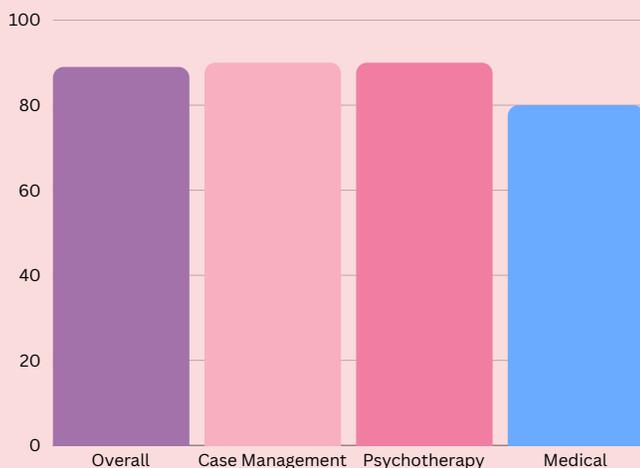
Participants are reporting positive experiences and meaningful outcomes as a result of receiving services through PATH. We are thrilled to see our network of providers and support systems helping people live healthier, more stable lives. The success of our collaborative model affirms that accessible, person-centered care works--and we're committed to growing this impact. With continued support from grants and generous donors, we will sustain and expand these life-affirming services.

Over \$250,000 in assistance provided

- ★ Psychotherapy
- ★ Pharmacy
- ★ Medical
- ★ Financial (Survey Incentives)



Participant Program Satisfaction



- ★ Overall
- ★ Case Management
- ★ Psychotherapy
- ★ Medical Services

1620

Hours of individual and group psychotherapy

42

Participants received primary medical care

79%

of participants showed improvement in mental health after 6 months.

COMMUNITY ENGAGEMENT & OUTREACH

**More than 1,000 people per month
are visiting our Gender-Affirming
Provider Directory!**

Charlotte Trans Health had a powerful year of engagement with the transgender and gender-diverse community. Through local Pride celebrations and community events, we connected with more than 1,000 LGBTQ+ individuals--raising awareness about our mission and the work we're doing to expand access to competent, affirming care.

Our commitment to advocacy remains just as strong. In the face of growing misinformation and anti-trans legislation, we continue to speak out. By partnering with other community and professional organizations, our members are able to respond quickly and collectively when action is needed.

We also use our social media platforms to share health information, counter disinformation, and build health literacy--because access to accurate, affirming knowledge is a critical part of care.



EDUCATION & TRAINING

2024 was a great year for our educational programs. This year we...



Held 14 educational presentations.

Educated 485 healthcare providers & administrators.

91% reported that they intend to change their practice to create a welcoming environment for TGD individuals.

93% reported that the presentation increased their knowledge of affirming language around gender.

T.H.E. Night: A Celebration of Belonging and Belief

This year, T.H.E. Night reminded us of the power of community. Together, we celebrated unity, joy, and the deep sense of belonging that comes from being truly seen.

We are grateful to every one of you who made T.H.E. Night unforgettable--from our generous supporters to the incredible trans and non-binary drag performers who lit up the stage. Through bold performances and joyful mentorship, they helped our CTH providers make their dazzling drag debuts, showing us all the beauty of stepping into our full selves.

More than a celebration, T.H.E. Night was a call to action--a reminder that now more than ever, we must believe.

- Believe in a future where every transgender and gender-diverse person can access affirming, equitable care.
- Believe in safe spaces where we can heal, thrive, and be celebrated.

Together, we can make believing a reality.



T.H.E. Night Hits the Runway

Thank you to all of our amazing attendees, donors, and sponsors for making T.H.E. Night Hits the Runway a night to remember! Trans Health for Everyone!

2024 Sponsors



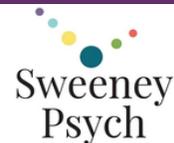
Bruce Gallant



Carl Hughes & Danny Schott



Bay Gallant



Blair Wormer, MD



Cindy & Rich Deutsch



WHAT'S AHEAD FOR 2025?

As Charlotte Trans Health looks to the year ahead, our mission is more urgent than ever. Across the country, and here in North Carolina, legislative attacks on gender-affirming care continue to threaten the health and safety of transgender and gender-diverse people. In this climate, access to affirming care isn't just a need--it's a lifeline.

In 2025, we're responding with bold growth and deeper impact. We'll be scaling our PATH Program to expand mental health services and open access to residents across the Charlotte Metro Area. We're continuing our successful educational events to build provider competency and community understanding. And we're stepping up community engagement with even more joyful, affirming events--like T.H.E. Field Day!

Why Your Support Matters

Gender-affirming care saves lives--but sustaining it requires resources, resilience, and collective action. Your support helps us provide free and low-cost care, train affirming providers, and advocate for trans health equity when it matters most.

Donate today to help us protect and expand access to affirming care in 2025.

THANK YOU FOR YOUR SUPPORT

We would like to give a special thank you to all of our members, committee chairs, grantors, community partners, volunteers, and donors. Without your help, we wouldn't be able to accomplish this great work!



STAY CONNECTED WITH US

If you'd like to donate to Charlotte Trans Health to support our work, you can do so [here](#).

If you'd like to learn more about CTH, PATH, Education, Membership, or finding an affirming provider, you can visit our [website](#) or email info@charlottetranshealth.org.

If you'd like to join our community mailing list and be notified of upcoming programming and events please click [here](#).